# PRAYER PRAYER PRAYER PRAYER PRAYER PRAYER PRAYER PRAYER FASTING

**JANUARY 8-28** 

YET EVEN NOW, SAYS THE LORD, RETURN TO ME WITH ALL YOUR HEARTS, WITH FASTING, WITH WEEPING, AND WITH SORROW. RETURN TO THE LORD YOUR GOD, FOR HE IS MERCIFUL AND COMPASSIONATE, VERY PATIENT, FULL OF FAITHFUL LOVE, AND READY TO FORSIVE. JOEL 2:12:13

PRAYER PRAYER PRAYER PRAYER PRAYER PRAYER



PRAYER IS OUR FIRST RESPONSE

NOT OUR LAST RESORT

THING PRAYER IS OUR FIRST RESPONSE

PRAYER CHANGES EVERYTHING

### 21 DAYS of PRAYER & FASTING January 8-28, 2023

...the effective, fervent prayer of a righteous man avails much.

James 5:13-18

We are grateful for you and your family; we pray for an increase of God's blessings in this New Year of 2023. If you are joining our Passion Church family with our 21 Days of Prayer & Fasting, we pray for an increase of hearing from God as you draw near to Him. We know that as you spend time drawing near to God, He will draw near to you and His love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control will flood every area of your life.

In this booklet, we aim to provide a Biblical understanding for prayer and fasting. Each page begins with a scripture and an explanation or an idea that Pastor Bob has drawn from it. In addition, each page includes an area for you to identify your prayer point for the day along with a space to journal your prayers, thoughts, and what the Lord shares with you.

On the next page, we have laid out prayer topics and scriptures to guide you as we unite together in prayer. We also encourage you to pray as the Holy Spirit leads knowing that your prayers will avail much.

We are eagerly looking forward to all that God is going to do in and through Passion Church as a result of this season of deliberate prayer and fasting together.

God bless you, Pastors Bob and Carolyn Sawvelle

### **Prayer Topics and Scriptures**

- 1. Prayers for God's Transformation in my Life
  - a. Give thanks to the Lord Psalm 100:4, Psalm 118:1
  - b. Forgiveness of my personal sin Psalm 32:5, Psalm 130:1-6
  - c. Renewing my mind Romans 12:1-2, Philippians 4:8-9
  - d. My life of prayer 1 Thessalonians 5:16-18
  - e. Love the Lord with all my heart Psalm 51:10, Proverbs 3:5-6
  - f. Pray for the children in your life Psalm 127:3, 3 John 1:4
- 2. Prayers for Passion Church
  - a. Give thanks to the Lord Psalm 100:4, Psalm 95:1-2, 1 Cor 15:57
  - b. Leadership and the church I Cor 2:9-13, Joshua 1:9, Gal 6:9
  - c. For the Church to walk in God's love for one another John 13:34-35, John 15:12
  - d. Pray for Passion Church to seek God's face with hunger and passion Rev 2:4, 1 John 4: 17-19, Matthew 5:6
  - e. Be empowered by Christ's victory Acts 4:29-31, 1 Tim 1:7-8, 2 Peter 1:2-8
  - f. Seeks the Kingdom of God now and for all future generations Matthew 6:10,33
  - g. Families and children Isaiah 54:13, Deut 6:6-7, Col 3:21
- 3. Prayers for my Community, Tucson, and the Nations
  - a. Give thanks to the Lord Col 4:2, 1 Tim 2:1-2, Psalm 138:1-3
  - b. Pray for the Church to go to neighborhoods, cities, and nations Matt 9:37-38, Mark 13:10, Acts 13: 2-3, Rom 10:13-15
  - c. Pray for the lost and the prodigals Luke 15, Luke 19:10, 1 John 1:9
  - d. Pray for the Church around the world
    - i. Unity Psalm 133, Ephesians 4:1-6, 13
    - ii. Church leadership and missionaries to be led by God to contend for the faith Eph 4:11-16, Jude 2-3, 20-23
    - iii. Peace in our nation and the world Psalm 29:11, Rom 14:19, Phil 4:6-7
  - e. Pray for parents to know God Deut 5:29, Eph 6:4
  - f. Pray for the children, born and unborn Psalm 139:15-16, Proverbs 17:6, Matthew 19:14
- 4. Invite and pray for revival, greater glory, and an increased presence of God within ourselves, in our land, and the nations Isaiah 60:1-3

And I will give you the keys to the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.

Matthew 16:19 NKJV

Jesus boldly proclaimed that He would give us the keys, the truths, and the principles that would unlock the secrets to the Kingdom of heaven, and give us the power to overcome the very gates of Hell! Prayer and fasting is one of the keys that God has given us to unlock the resources of heaven as we labor to establish His Kingdom here on earth.

My Prayer Topic Today:	

# These who have turned the world upside down have come here too.

Acts 17:6 NKJV

Prayer and fasting is a powerful key that will enable us to
impact our world and establish God's Kingdom on earth by
releasing His power in our lives.
My Prayer Topic Today:

For the eyes of the LORD run to and fro throughout the whole earth, to show Himself strong on behalf of those whose heart is loyal to Him.

2 Chronicles 16:9 NKJV

God is looking for a people who will allow themselves to be vessels in which He can use to shake the nations in this final hour of Church history. This won't happen through formulas, activity, nor Church programs, but it will happen through a passionate pursuit of God through prayer and fasting. Only through the power of the Holy Spirit will we see the tide of wickedness turned back and a mighty end-time harvest of souls brought forth. Prayer and fasting releases the power of the Holy Spirit to free us from the spirit of this age and to empower us to affect the nations. God is looking for loyal, committed, humble hearts through which He can show Himself strong.

My Prayer Topic Today:	

### But the end of all things is at hand; therefore be serious and watchful in your prayers.

1 Peter 4:7 NKJV

In this hour of history, our world desperately needs the release of God's power through the Church. For too long, modern society has witnessed a Church that lacks power and is virtually ineffective in impacting society in a tangible way. As we yield and humble ourselves to God through fasting and prayer, the Holy Spirit will begin to rest upon our lives and ministries in power, and we will begin to impact the world in which we live. Prayer and fasting is a vital key that God has given to the Church to impact our world in a powerful, dramatic way as we labor with Him in these last days to usher in a great harvest of souls. It is time that the Church heeded Peter's admonition to be serious and watchful in our prayers.

My Prayer Topic Today:	

Then Jesus, being filled with the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, being tempted for forty days by the devil. And in those days He ate nothing, and afterward, when they had ended, He was hungry.

Luke 4:1-2 NKJV

For forty days and nights, Jesus fasted food, for the scripture
says that He ate nothing. During the forty days in the
wilderness, Jesus was severely tempted by Satan.
My Prayer Topic Today:

# And He was there in the wilderness forty days, tempted by Satan, and was with the wild beasts; and the angels ministered to Him.

Mark 1:13 NKJV

He was tempted by Satan, and by His own flesh. Jesus told the disciples the evening before He was betrayed that "...the Spirit is willing, but the flesh is weak..." Our flesh, or carnal nature, is opposed to the things of the Spirit of God. When we fast, we place our carnal nature under submission to our spirit man, and we gain mastery over the flesh. Jesus resisted His own flesh and Satan's schemes, and He emerged victorious from the temptations in the wilderness.

My Prayer Topic Today:

My Prayer Topic	Today:			

Now when the devil had ended every temptation, he departed from Him until an opportune time. Then Jesus returned in the power of the Spirit to Galilee, and news of Him went out through all the surrounding region.

Luke 4:13-14 NKJV

It was through His fasting, prayer, and obedience to the Father that Jesus emerged from the wilderness in the power of the Spirit. Prior to His forty days in the wilderness, He was filled with the Spirit. As He emerged victorious from the wilderness, He then returned in the power of the Spirit to begin His earthly ministry.  My Prayer Topic Today:

How God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him.

Acts 10:38 NKJV

It was the power of the Holy Spirit that enabled Jesus to do the miracles and healings that He did during His earthly ministry. Jesus left His heavenly throne—all its power and glory—and He came to earth as a man. Like any man on earth, He was limited by His humanity. He was fully God and yet fully man, but as the God man on earth, He did not have divine power apart from the Holy Spirit's anointing and power operating in His life. Jesus was fully dependent on the Father and the power of the Holy Spirit to perform the works that He did here on earth. Therefore, Jesus was our example and a forerunner of what God intended for anyone who would believe in Christ.

My Prayer T	opic Today:			

Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father.

John 14:12 NKJV

What a wonderful promise from our Lord! Jesus promises that the works that He did, we would do also through our faith in Him. He sent the Holy Spirit that we would not be orphans, but that we would have the help that we needed to not only live a victorious Christian life, but to also have the power to set at liberty and heal those who are oppressed by the devil.

My Prayer 10	pic roday:			

Truly, God has no favorite children; He merely looks for loyal, believing hearts who know that the works that He did, we will do also through faith in Him and by the power of the Holy Spirit living in us. Jesus was a forerunner of what the Father intended every New Testament believer to live and walk in. To the degree that we allow Christ to consume our lives in Him is to the same degree that His power and glory is released. Prayer and fasting places us in a position to be conformed into His image and to release the power of the Holy Spirit in our lives.

My Prayer Topic Today:		

As they ministered to the Lord and fasted, the Holy Spirit said, "Now separate to Me Barnabas and Saul for the work to which I have called them." Then, having fasted and prayed, and laid hands on them, they sent them away.

Acts 13:1-3 NKJV

Paul and Barnabas were released by the Holy Spirit and in the power of the Spirit during a season of fasting and ministering unto the Lord. Paul's apostolic ministry was birthed, and from that time forward, we saw Paul and Barnabas moving in the power of the Spirit. Like Jesus, as they waited upon the Holy Spirit during a season of fasting and prayer, they were commissioned to go forth in the power of the Spirit to affect the world in which they lived. For Paul and the early Church fathers, fasting was an integral part of being a disciple of Jesus and it was practiced on a regular basis.

My Prayer Topic Today:		

# And you will seek Me and find Me, when you search for Me with all your heart. I will be found by you, says the LORD... Jeremiah 29:13-14 NKJV

Fasting is a means in which we draw near to God to seek Him and search for Him with all of our hearts.

My Prayer Topic Today:		

# And whoever exalts himself will be humbled, and he who humbles himself will be exalted.

Matthew 23:12 NKJV

God requires humility of His people. In His Word, God declares
that He will give grace to the humble, but He will resist and
humble those who are proud.
My Prayer Topic Today:

Humble yourselves in the sight of the Lord, and He will lift you up.

James 4:10 NKJV

Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for "God resists the proud, But gives grace to the humble.

1 Peter 5:5 NKJV

God reveals in these scriptures that we have the responsibility
to humble ourselves.
My Prayer Topic Today:

"Why have we fasted," they say, 'and You have not seen? Why have we afflicted our souls, and You take no notice?' In fact, in the day of your fast you find pleasure, and exploit all your laborers. Indeed you fast for strife and debate, and to strike with the fist of wickedness. You will not fast as you do this day, to make your voice heard on high.

When we fast, we must ensure that our motives and attitudes

Isaiah 58:3-4 NKJV

are pure and that our actions are true and righteous. The Lord through the prophet Isaiah reprimanded the children of Israel for fasting with wrong motives and attitude. The people had turned fasting into a religious exercise laced with formalism and hypocrisy that was obnoxious to God.
My Prayer Topic Today:
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Say to all the people of the land, and to the priests: 'When you fasted and mourned in the fifth and seventh months during those seventy years, did you really fast for Me—for Me? 'When you eat and when you drink, do you not eat and drink for yourselves? 'Should you not have obeyed the words which the LORD proclaimed through the former prophets when Jerusalem and the cities around it were inhabited and prosperous, and the South and the Lowland were inhabited?'

Zechariah 7:5-7 NKJV

The Lord rebukes the people for their fasting during the years of captivity, and reveals to them that they were really fasting for their own selfish reasons, and not for Him. God will rebuke those who fast, or who are involved with other religious acts, when they are merely practicing such pursuits to satisfy their own ends. The Lord reminds them that obedience is better than sacrifice. He desires hearts that are pure and sincere before Him, not hearts that are concerned only with an outward show of religious piety.

My Prayer Topic Today:		,	
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He has shown you, O man, what is good; And what does the LORD require of you but to do justly, to love mercy, and to walk humbly with your God?

Micah 6:8 NKJV

The Lord desires of us that we have hearts that are humble, for of love and compassion toward others, and He desires that or						
motives are pure and set upon Him, not in simply achieving						
our prayer requests. He desires relationship, born out of						
humility, not mere religious piety in our prayer and fasting.						
Fasting and religious practice never supersede doing the will						
of God.						
My Prayer Topic Today:						

Also He spoke this parable to some who trusted in themselves that they were righteous, and despised others: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank You that I am not like other men—extortioners, unjust, adulterers, or even as this tax collector. I fast twice a week; I give tithes of all that I possess.' And the tax collector, standing afar off, would not so much as raise his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, and he who humbles himself will be exalted.

Luke 18:9-14 NKJV

It is not merely an act of fasting or giving that is accepted by God, but it is in the humble attitude of the heart that gains acceptance with the Lord. If we think that our fasting or religious activities will earn us special privileges and merit with God, then we have missed the very essence of the purpose of fasting and prayer. God desires humility from His people and looks upon those who will humbly seek His face for who He is, and not merely for what can be gained. It's in this attitude that we fast and pray, seeking the Lord's face to change our hearts, and seeking Him to release His grace and power in the earth to bring freedom to those who are in the yokes of oppression. This is the fast that God desires of His people.

ny Prayer Topic Tod	ay:		

But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Matthew 6:17-18 NKJV

Jesus was telling them to fast with the right heart attitude. He was explaining to the disciples not to fast with an outward show for man's recognition; rather, to fast unto the Lord privately. The promise from Jesus is that the Father would openly reward those who have the right motives in their fasting.  My Prayer Topic Today:

Then the disciples came to Jesus privately and said, "Why could we not cast it out?" So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. However, this kind does not go out except by prayer and fasting.

Matthew 17:19-21 NKJV

Faith will move mountains, but unbelief will stop the flow of God in our midst, and this is what the disciples experienced. Jesus explains that prayer and fasting are a necessary part to walking in the authority and power of the Spirit. When we pray and fast, our spirit is more in tune with God's Spirit and we become more sensitive to His leading when we are ministering. Our fasting also places us in a position to increase our faith and overcome unbelief and sin in our lives that may render His power ineffective. My Prayer Topic Today:

So when they had appointed elders in every church, and prayed with fasting, they commended them to the Lord in whom they had believed.

Acts 14:23 NKJV

Paul and Barnabas did not treat the fast in Antioch as a single, one-time event. Rather, prayer and fasting was an integral and important part of their Christian experience and lifestyle, and it was one of the vital disciplines that they taught the new disciples.

My Prayer Topic Today:	